

Information for the teacher or session facilitator

This game can be played as a stand-alone activity or as part of the lesson plans. To download the lesson plans and the online activities for students see **bodytalk.org.au**.

The game provides a chance for young people to share views and reflect on their opinions and cultural norms. It is often very popular, and some groups will want to take a long time to discuss the cards, whereas other groups will go more quickly. This is fine, and groups don't have to discuss every card.

There are 3 game topics within this resource – ***Consent***, ***Sexual Decisions*** and ***Relationships***. These topics correspond with the 3 topics in the ***Relationships tool*** online resource for students (***Consent***, ***Sex*** and ***Relationships***). It's best to play each one on a separate occasion. Each topic has 6 cards plus instructions. Allow between 30 minutes and 1 hour for each topic depending on the time available. With shorter times, groups may not be able to do every card. Groups can also do 3 cards on one occasion and 3 on another.

Asking players questions about their views at the end shows that their opinions have value. It also sets a great example of how to engage others.

** Please note, the cards do not have to be played in order.*

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1. Set up a pleasant environment for game play. Some groups may enjoy sitting on the floor. Organise groups of 3-6 players. Participants often prefer to choose their own groups, and this is generally a good idea as long as everyone is included.
2. Make sure everyone understands the game. Each group gets a set of cards. Players take turns reading out a card to their group, allowing time for response and discussion.
3. Small groups work independently in this activity. Teachers/facilitators can listen in but stay out of the group discussions as long as they are respectful.
4. Save a few minutes at the end to bring all groups together. The teacher/facilitator sums up by asking questions such as:
 - What was the most interesting question you discussed? Why?
 - Were there any questions you couldn't answer?
 - Did you have any disagreements in your group?
 - Where can people get more information about sexual health?
 - Where can people go if they have concerns about their sexual health or their relationships?