## Considerations for answering challenging questions



Points to remember when answering young peoples' questions:

- What is the underlying information the young person is asking for?
- What key messages do I need to impart here? Is it:
  - celebration of diversity
  - responsibility for behaviour
  - growth and development messages
  - sexual assault is a crime
  - where young people can go for support
- Answer the question from a global rather than personal perspective
- Answer briefly and accurately
- Refer young people in the direction of further resources and support

Guide and encourage students to access reliable and accurate information services. This may be by providing phone numbers, contacts, fact sheets for young people to help link them into support services.

**Family Planning NSW Talkline 1300 658 886** is a confidential telephone service staffed by experts in reproductive and sexual health. Family Planning NSW Talkline is open 8.30am to 5pm weekdays for information and referral advice. Further information is also available at <u>www.fpnsw.org.au/talkline</u>.

Kids Help Line - is Australia's free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25. Further information is found on their website <u>http://www.kidshelp.com.au/</u> or call 1800 55 1800.

Young people ask questions for a variety of reasons which include:

- to check if their situation is 'normal' or OK
- to hear what other young people or teachers think about an issue or situation
- to find out about resources available to them
- to gain accurate and reliable information

It is important to give accurate information and resources to young people. Where appropriate, use students' questions as a 'teachable' moment to invite students to reflect on situations from a range of angles and to refer to appropriate resources.

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#### KEY MESSAGES **Child protection** • Duty of care, mandatory reporting Consent Legal age of consent, both people must agree, 'yes' feelings can turn into 'no' feelings Personal to global Public v private information, distinguish the difference, maintain a professional role Growth and development Physical, social and emotional changes **Referral/Resources** Give students support networks, services, organisations, information, websites, hotlines, etc. Discrimination Addressing and naming discrimination on the grounds of sexuality, race, gender, culture, age, etc. DO DO NOT Ensure anonymity - make cards the same size, Be too serious – humour can be useful • colour, shape and everyone hands a paper in Take a personal perspective – e.g. using whether they have a question or not personal experiences or anecdotes, Set boundaries and expectations – model answer personal questions language and appropriateness, encourage Use the first person – e.g. 'when I did...' maturity or 'you should...' Listen for the hidden question – what does the Judge the question – *this may discourage* student really want to know and understand? future questions Be honest – students will test you, if you don't Try to work out who wrote the question know the answer it is OK 'I am not sure on the ensure anonymity answer. Maybe I can find out the answer for next lesson.' React to questions inappropriately – all • answers are valid no matter how silly Use inclusive language – partner, same-sex questions may originally seem attracted. etc. Ignore questions – *don't rip them up or* • Use the 'teachable moment' – sending a clear throw them out social justice message Give advice – *teachers don't have* Reflect questions back to students – who could professionally indemnity insurance, someone in this situation, turn to for information teachers/health promotion staff are not or support? 'who thinks they know the answer to clinically trained and unable to give that?' advice Model ways of answering personal questions -Make up answers – incorrect answers students are also learning how to appropriately could place a student in risk interact within society Answer personal questions from a global perspective - e.g. 'everyone has the right...' Use the third person – e.g. 'it is different for different people ... ' Provide further support or services – available youth friendly services olanning nsw Use protective interrupting - avoid confidential disclosures

**Reproductive & Sexual Health** 

# Scaffold for answering challenging questions



Use the following scaffold to plan an answer to the question you have been given.

### Question:

Consideration	Answer		How might you respond?
Does this question require you to re-visit your class contract/guidelines? i.e. is it personal?	NO P	YES •	
Are you able to model how to answer private questions with this question?	NO P	YES •	
Can you rephrase the question from the personal to the global?	NO P	YES	
Is there an opportunity to address what the question is really asking and recognise the possible reason for asking the question?	NO P	YES •	
Are you able to include some of the key messages or create a teachable moment?	NO P	YES •	
Are you able to refer students to resources/websites/support or use reflective questioning back to the class?	NO @	YES •	

Develop a full response to your question using the space below.

This document was developed in partnership between NSW Department of Education and Communities and Family Planning NSW